

TOUCH















TOUCH
SMELL
PLAY





To demonstrate the non-stick quality of TEFAL's crockery, a die-cut of an egg is inserted between a double page spread, dropping out the moment you flip the ad open.



BREASTFEEDING HURTS

See, your baby is hungry 12 times a day, and that much of breastfeeding makes your nipples very sensitive. They become sore and may even crack. But it will not be a torture, if you use "Garmastan" lotion before and after the feeding. Made out of essential oils, the lotion softens the nipple, makes skin smoother and prevents infection.



It's a print ad for maternity magazines. The double spread portrays a breastfeeding woman and her baby. Two pages are glued together. Once you tear them off of each other, the baby's mouth tears off the nipple, thus demonstrating how painful breastfeeding can be, unless you use GARMASTAN lotion.



BECOME A DONOR FROM

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HOSPITAL

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endless
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Moody

HOW TO
MAXIMIZE A
SPUNT

DON'T
WASTE
YOUR
TIME

BIONIC



HOSPITAL



Bloody hell

It's a common sight in hospitals: a patient lying in bed, looking pale and unwell. But what if the patient is a doctor? In a recent incident, a young doctor collapsed on the job, leaving his colleagues and patients in a state of panic. The incident was reported in a hospital newsletter, where it was described as a 'bloody hell' situation. The doctor, who was in his early 30s, had been working long hours and was feeling tired. He had not had much sleep and was feeling stressed. The incident was reported to the hospital's occupational health department, which arranged for him to be seen by a doctor. The doctor advised him to take a break and to get some rest. The doctor agreed and went home. The incident was reported in the hospital newsletter, where it was described as a 'bloody hell' situation. The newsletter also included a list of symptoms and signs of stress, and advised staff to seek help if they were feeling stressed. The newsletter was distributed to all staff, and it was hoped that it would help to raise awareness of stress and encourage staff to seek help if they were feeling stressed.

LIVING TOUGH



HOW TO DO IT

The diagram illustrates various aspects of physical fitness, including:

- HEALTHY DIET:** Focuses on balanced nutrition and hydration.
- REGULAR EXERCISE:** Emphasizes consistency and a mix of aerobic and strength training.
- REST AND RECOVERY:** Highlights the importance of getting enough sleep and allowing the body to recover.
- STRESS MANAGEMENT:** Encourages techniques like deep breathing and meditation to keep stress levels under control.

SWEET HANDY TIP

When you're in a hospital, it's important to take care of yourself. Here are some handy tips to help you stay healthy and happy while you're there. First, make sure you're getting enough sleep. This is crucial for your recovery and overall well-being. Second, eat a healthy diet. Hospitals often have a cafeteria, but it's best to choose healthy options like fruits, vegetables, and whole grains. Third, stay hydrated. Drinking plenty of water is essential for your body to function properly. Finally, don't forget to exercise. Even a short walk around the hospital can do wonders for your mood and health.

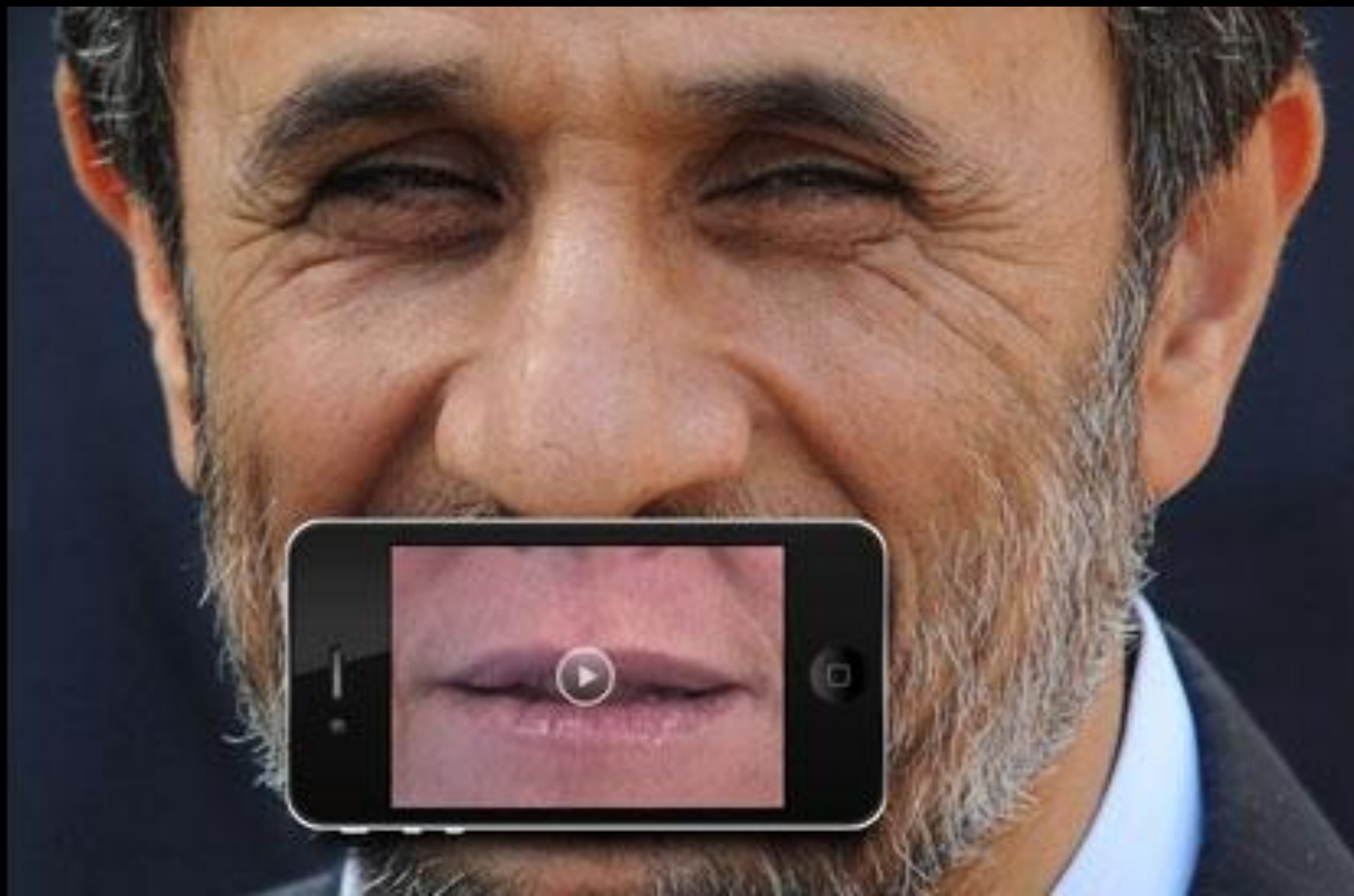
ALCOHOL BEER POLICE

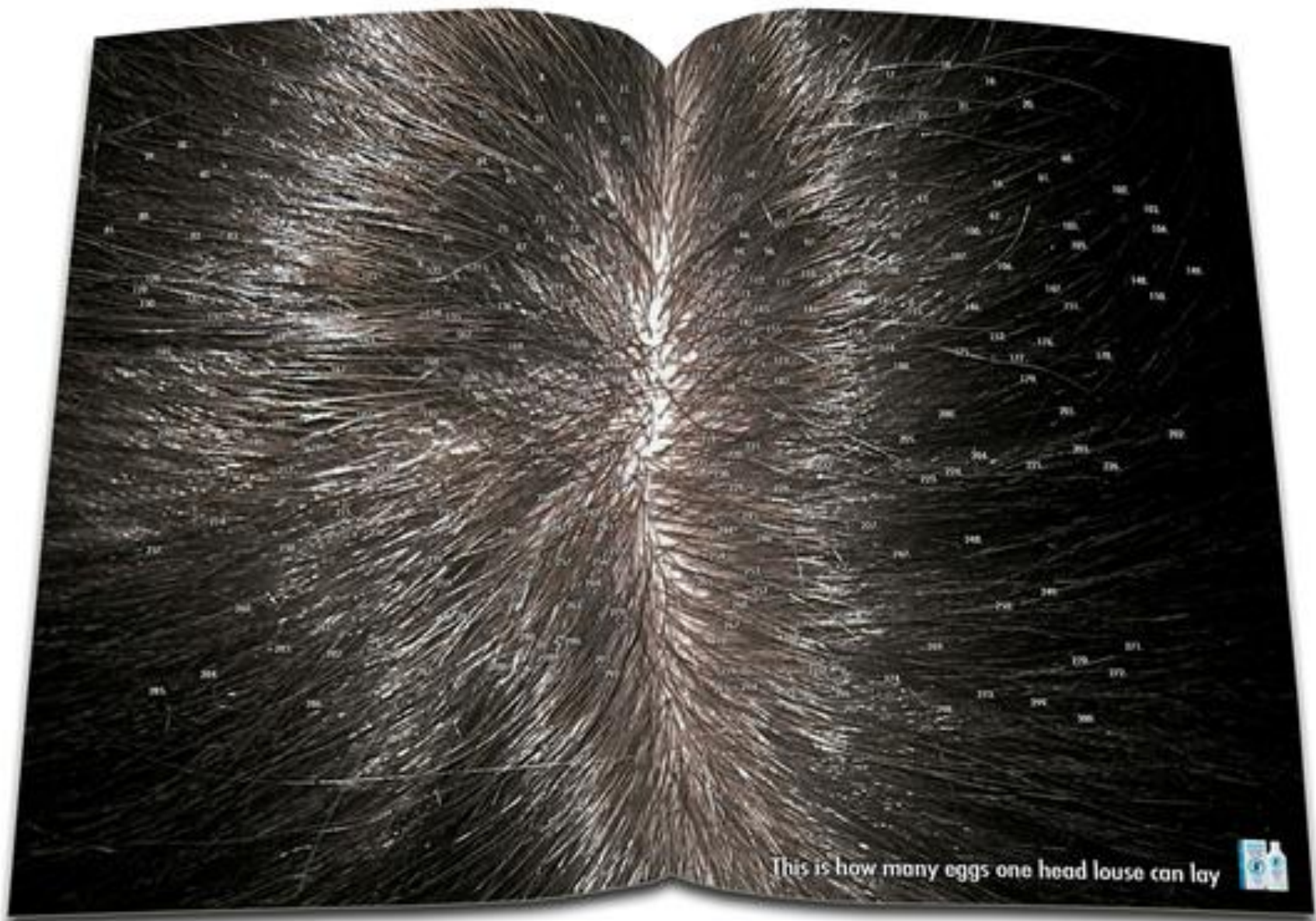
In a recent incident, a group of young men were caught drinking beer in a public area. The police officers, who were on duty, noticed the group and approached them. One of the men was holding a bottle of beer, and the officers asked him for it. He refused to hand it over, and the officers searched him. They found the bottle and took it away. The men were fined for drinking alcohol in a public place. The incident was reported in a local newspaper, where it was described as a 'beer police' situation. The newspaper also included a list of laws regarding alcohol consumption in public places, and advised people to be responsible and not drink and drive. The newspaper was distributed to all residents, and it was hoped that it would help to raise awareness of the laws and encourage people to be responsible.



DON'T WASTE YOUR SPERM

PHOTO: [unreadable] & [unreadable]





This is how many eggs one head louse can lay





The new MacBook Pro
Ultra Thin



I will donate today and help this child



I will donate later

